

# Barley Fruit Salad

## Ingredients

- 1-1/2 Cup(s) cooked Quick or Quaker® - Medium Barley\*
- 1 medium apple, chopped
- 1 Cup(s) strawberry halves
- 1 medium banana, sliced
- 1/2 Cup(s) seedless grapes
- 1/2 small cantaloupe cut into chunks (optional)
- 1/4 Cup(s) AUNT JEMIMA Lite or ButterLite Syrup
- 1/4 Cup(s) Lemon Juice
- 1 Teaspoon(s) grated lemon peel

## How to make it

1. In large bowl, combine barley and fruit.
2. Add combined syrup, lemon juice and lemon peel; toss gently.
3. Cover; chill several hours or overnight.
4. Recipe can be doubled if desired.



PREP  
TIME

-



COOK  
TIME

-



TOTAL  
TIME

-



SERVING

4

## Made with



Quaker® - Medium Barley