

Mason Jar Shake

Ingredients

- 1 ½ Tablespoons Cap'n Crunch® Original
- 1 Cup Low Fat Milk
- 2 Tablespoons Condensed Milk
- ¼ Teaspoon Vanilla Extract
- 1 Pinch Salt
- Garnish with Whipped Cream, Sprinkles, and extra Cap'n Crunch®

How to make it

1. In a 16 oz. mason jar, add all ingredients, except ½ cup of the milk. Make sure all ingredients are placed in the fridge and thoroughly chilled beforehand.
2. Tightly screw on the lid of the jar, and vigorously shake for 3-4 minutes, until the liquid is thickened and coats the back of a spoon, but is not yet fluffy like whipped cream.
3. Place into a freezer-safe container, and freeze for approximately 4 hours, until the ice cream is the consistency of soft-serve.
4. Remove the ice cream from the freezer and scoop back into the jar. Shake/blend with the remaining ½ cup milk.
5. Garnish the shake with whipped cream, sprinkles, and additional pieces of Cap'n Crunch® Original. Enjoy!



PREP
TIME

-



COOK
TIME

-



TOTAL
TIME

-



SERVING

1

Made with



Cap'n Crunch® Original